CLAIMS

I/We Claim:

- 1. A voltage-controlled oscillator, comprising:
 - a plurality of cascaded voltage-controlled oscillator cells, each voltagecontrolled oscillator cell having a plurality of outputs, each voltagecontrolled oscillator cell further comprising:
 - a pair of source coupled nMOS transconductor transistors;
 - a bias transistor coupled between a ground voltage and the source coupled nMOS transconductor transistors;
 - a pair of varactors coupled to a control voltage and the pair of source coupled nMOS transconductor transistors;
 - a pair of drain coupled pMOS transistors, the pair of drain coupled pMOS transistors coupled between a supply voltage and the pair of source coupled nMOS transconductor transistors; and
 - a common mode feedback circuit, the common mode feedback circuit further comprising:
 - a resistive network, the resistive network having a plurality of coupled resistors, each resistor coupled to one of the plurality of outputs of each voltage-controlled oscillator cell; and
 - an op-amp, the op-amp connected to the resistive network, the op-amp generating an output voltage corresponding to a variance between the voltage-controlled oscillator cells and a reference voltage on a reference voltage output, the reference voltage output being coupled to each bias transistor in the plurality of cascaded voltage-controlled oscillator cells.

- 2. The voltage-controlled oscillator of claim 1, wherein the pair of varactors are MOS voltage-controlled capacitors.
- 3. The voltage-controlled oscillator of claim 1, wherein the pair of varactors are p-n junction voltage-controlled capacitors.
- 4. The voltage-controlled oscillator of claim 1, wherein the control voltage is provided at least in part by a charge pump circuit.
- 5. The voltage-controlled oscillator of claim 1, wherein the control voltage is provided at least in part by a loop filter circuit.
- 6. The voltage-controlled oscillator of claim 1, wherein the control voltage is provided at least in part by a phase frequency detector circuit.
- 7. The voltage-controlled oscillator of claim 1, wherein the control voltage is provided at least in part by a charge pump coupled with a loop filter circuit coupled with a phase frequency detector circuit.
- 8. The voltage-controlled oscillator of claim 1, wherein the plurality of cascaded voltage-controlled oscillator cells consists of three cascaded voltage-controlled oscillator cells.
 - 9. A voltage-controlled oscillator, comprising:
 - a plurality of cascaded voltage-controlled oscillator cells, each voltagecontrolled oscillator cell having at least one output, each voltagecontrolled oscillator cell further comprising:
 - a first pair of coupled transistors;
 - a bias transistor coupled to the first pair of coupled transistors;

- at least one voltage-controlled capacitor coupled to a control voltage and to the first pair of coupled transistors; and
- a second pair of coupled transistors, the second pair of coupled transistors further coupled to the first pair of coupled transistors.
- 10. The voltage-controlled oscillator of claim 9, further comprising:
 - a common mode feedback circuit, the common mode feedback circuit further comprising:
 - a resistive network, the resistive network having a plurality of coupled resistors, each resistor coupled to the at least one output of each voltage-controlled oscillator cell; and
 - an op-amp, the op-amp connected to the resistive network, the opamp generating an output voltage corresponding to a variance between the voltage-controlled oscillator cells and a reference voltage on a reference voltage output, the reference voltage output being coupled to each bias transistor in the plurality of cascaded voltage-controlled oscillator cells.
- 11. The voltage-controlled oscillator of claim 9, wherein the pair of varactors are MOS voltage-controlled capacitors.
 - 10 12. The voltage-controlled oscillator of claim 9, wherein the pair of varactors are p-n junction voltage-controlled capacitors.
 - √ 13. The voltage-controlled oscillator of claim 9, wherein the control voltage is provided at least in part by a charge pump circuit.

- 14. The voltage-controlled oscillator of claim 9, wherein the control voltage is provided at least in part by a loop filter circuit.
- 15. The voltage-controlled oscillator of claim 9, wherein the control voltage is provided at least in part by a phase frequency detector circuit.
- 16. The voltage-controlled oscillator of claim 9, wherein the control voltage is provided at least in part by a charge pump coupled with a loop filter circuit coupled with a phase frequency detector circuit.
- 17. The voltage-controlled oscillator of claim 9, wherein the plurality of cascaded voltage-controlled oscillator cells consists of three cascaded voltage-controlled oscillator cells.
- 18. A method for reducing jitter in a voltage-controlled oscillator having a plurality of voltage-controlled oscillator cells, each voltage-controlled oscillator cell having a plurality of output voltage waveforms, the method comprising:

combining each of the output voltage waveforms to produce a combined waveform;

deriving a common mode feedback waveform from the combined waveform and from a reference waveform; and

transmitting the common mode feedback waveform to each of the plurality of voltage-controlled oscillator cells.

19. A voltage-controlled oscillator having a plurality of voltage-controlled oscillator cells, each voltage-controlled oscillator cell having a plurality of output voltage waveforms, comprising:

combining means for combining each of the output voltage waveforms to produce a combined voltage;

deriving means for deriving a common mode feedback voltage from the combined voltage and a reference voltage; and

transmitting means for transmitting the common mode feedback voltage to each of the plurality of voltage-controlled oscillator cells.

20, A wireless communications device, comprising:

controlled oscillator having a plurality of cascaded voltage-controlled oscillator cells, each voltage-controlled oscillator cell having at least one output, each voltage-controlled oscillator cell further comprising:

- a first pair of coupled transistors;
- a bias transistor coupled to the first pair of coupled transistors;
- at least one voltage-controlled capacitor coupled to a control voltage and the first pair of coupled transistors; and
- a second pair of coupled transistors, the second pair of coupled transistors further coupled to the first pair of coupled transistors.
- 7 21. The voltage-controlled oscillator of claim 20, further comprising:
 - a common mode feedback circuit, the common mode feedback circuit further comprising:
 - a resistive network, the resistive network having a plurality of coupled resistors, each resistor coupled to the at least one output of each voltage-controlled oscillator cell; and
 - an op-amp, the op-amp connected to the resistive network, the opamp generating an output voltage corresponding to a variance between the voltage-controlled oscillator cells and a reference voltage on a reference voltage output, the reference voltage output being coupled to each bias

transistor in the plurality of cascaded voltage-controlled oscillator cells.

- 703 22. The voltage-controlled oscillator of claim 20, wherein the pair of varactors are MOS voltage-controlled capacitors.
- 23. The voltage-controlled oscillator of claim 20, wherein the pair of varactors are p-n junction voltage-controlled capacitors.
- 24. The voltage-controlled oscillator of claim 20, wherein the control voltage is provided at least in part by a charge pump circuit.
- 25. The voltage-controlled oscillator of claim 20, wherein the control voltage is provided at least in part by a loop filter circuit.
 - 26. The voltage-controlled oscillator of claim 20, wherein the control voltage is provided at least in part by a phase frequency detector circuit.
 - 27. The voltage-controlled oscillator of claim 20, wherein the control voltage is provided at least in part by a charge pump coupled with a loop filter circuit coupled with a phase frequency detector circuit.
 - © 28. The voltage-controlled oscillator of claim 20, wherein the plurality of cascaded voltage-controlled oscillator cells consists of three cascaded voltage-controlled oscillator cells.
 - 29. A high-speed serial data link semiconductor chip, comprising:
 a voltage-controlled oscillator having a plurality of cascaded voltage-controlled oscillator cells, each voltage-controlled oscillator cell

having at least one output, each voltage-controlled oscillator cell further comprising:

- a first pair of coupled transistors;
- a bias transistor coupled to the first pair of coupled transistors;
- at least one voltage-controlled capacitor coupled to a control voltage and the first pair of coupled transistors; and
- a second pair of coupled transistors, the second pair of coupled transistors further coupled to the first pair of coupled transistors.
- 7 30. The semiconductor chip of claim 29, further comprising:
 - a common mode feedback circuit, the common mode feedback circuit further comprising:
 - a resistive network, the resistive network having a plurality of coupled resistors, each resistor coupled to the at least one output of each voltage-controlled oscillator cell; and
 - an op-amp, the op-amp connected to the resistive network, the op-amp generating an output voltage corresponding to a variance between the voltage-controlled oscillator cells and a reference voltage on a reference voltage output, the reference voltage output being coupled to each bias transistor in the plurality of cascaded voltage-controlled oscillator cells.
- 70 31. The semiconductor chip of claim 29, wherein the pair of varactors are MOS voltage-controlled capacitors.
- 703 32. The semiconductor chip of claim 29, wherein the pair of varactors are p-n junction voltage-controlled capacitors.

- 33. The semiconductor chip of claim 29, wherein the control voltage is provided at least in part by a charge pump circuit.
- 34. The semiconductor chip of claim 29, wherein the control voltage is provided at least in part by a loop filter circuit.
- 35. The semiconductor chip of claim 29, wherein the control voltage is provided at least in part by a phase frequency detector circuit.
- 36. The semiconductor chip of claim 29, wherein the control voltage is provided at least in part by a charge pump coupled with a loop filter circuit coupled with a phase frequency detector circuit.